

**Mark Mathew Braunstein**  
[www.MarkBraunstein.Org](http://www.MarkBraunstein.Org)  
Advocacy for Cannabis & Medical Marijuana  
Updated 2022

### Public Speaking

- Complete Public Speaking bibliography at: [www.markbraunstein.org/bibliographies](http://www.markbraunstein.org/bibliographies)
- Includes about medical marijuana to countless newspapers, radio & TV talk shows, and network TV news, compilation at: <https://youtu.be/cji9DMe7t0o>
- Medicinal Marijuana Symposia, Brown University, Providence, RI, 2003 & 2004
- 2-person panel discussion with the head of CT's MMJ program, 2019:  
<https://www.scovillelibrary.org/event/medical-cannabis-in-connecticut/>
- Hempstock 2021, North Stonington, CT: <https://hempstockct.com>
- Lectures about medical marijuana every spring semester since 2008 to Professor Manuel Lizarralde's Ethnobotany course at Connecticut College

### Book Author

- Complete 6-page Author bibliography at: [www.markbraunstein.org/bibliographies](http://www.markbraunstein.org/bibliographies)
- My 6th book, forthcoming July 2022 from Rowman & Littlefield:  
*Mindful Marijuana Smoking: Health Tips for Cannabis Smokers*  
<https://rowman.com/ISBN/9781538156681/Mindful-Marijuana-Smoking-Health-Tips-for-Cannabis-Smokers>  
[www.amazon.com/Mindful-Marijuana-Smoking-Cannabis-Smokers/dp/1538156679](http://www.amazon.com/Mindful-Marijuana-Smoking-Cannabis-Smokers/dp/1538156679)

### Magazine Article & Newspaper Editorial Writer

- Complete 7-page Writer bibliography at: [www.markbraunstein.org/bibliographies](http://www.markbraunstein.org/bibliographies)
- More than 90 articles in glossy magazines, including 15 about cannabis in:

**Connecticut Magazine** – glossy, glitzy, ritzy monthly magazine

- *I'm a Longtime Medical Marijuana User – And Now I'm a Home-Grower*
  - ◉ pages 28-29 of the January 2022 issue
  - ◉ web reprint at:  
[www.connecticutmag.com/the-connecticut-story/i-m-a-longtime-medical-marijuana-user-and-now-i-m-a-home-grower/article\\_44e7f584-5de5-11ec-a54b-afe0c78dad91.html](http://www.connecticutmag.com/the-connecticut-story/i-m-a-longtime-medical-marijuana-user-and-now-i-m-a-home-grower/article_44e7f584-5de5-11ec-a54b-afe0c78dad91.html)
  - ◉ homepage for that issue online: [www.connecticutmag.com/issues/2022/january/](http://www.connecticutmag.com/issues/2022/january/)

**The Hartford Courant** – formerly New England's 3<sup>rd</sup> largest circulation newspaper

- *Legal but Out of Reach: Patients, Supplies Face Hurdles*
  - ◉ front page of June 24, 2012 Sunday *Commentary* section
- *A Connecticut Paraplegic Tells His Story: Marijuana Works the Best*
  - ◉ front page of January 12, 1997 Sunday *Commentary* section
  - ◉ web reprint at: [www.rxmarijuana.com/Braunstein.htm](http://www.rxmarijuana.com/Braunstein.htm)
  - ◉ web update: [spiritofchange.org/Journal-of-Natural-Healing/Marijuana-and-Paraplegia/](http://spiritofchange.org/Journal-of-Natural-Healing/Marijuana-and-Paraplegia/)

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**Magazine Article & Newspaper Editorial Writer** – continued

***Spirit of Change Magazine*** – New England holistic health quarterly

- *First Aid for Cannabis Smokers* – Spring 2016
  - ◉ web reprint at: [spiritofchange.org/Spring-2016/First-Aid-for-Cannabis-Smokers](http://spiritofchange.org/Spring-2016/First-Aid-for-Cannabis-Smokers)
- *Breathe Easy: The Number One Health Tip for Cannabis Smokers* – Spring 2020
  - ◉ web reprint at: <https://www.spiritofchange.org/breathe-easy/>

***Treating Yourself*** – International medical marijuana magazine

Full issues can still be downloaded at: <https://treatingyourself.com/back-issues/>

- *Connecticut Has Legalized Marijuana as Medicine* – Fall 2012
- *Cannabis Therapeutics: A Report on the 2010 Conference* – Summer 2010
- *A Walk on the Wild Side: Paraplegia & Marijuana* – Spring 2009
- *Getting High & Staying Healthy* – Fall 2008

***New Mobility*** – monthly disability magazine

- *Medical Marijuana 2.0: Stirring the Pot* – July 2016 cover story
  - ◉ edited web reprint: [newmobility.com/2016/07/medical-marijuana-refined](http://newmobility.com/2016/07/medical-marijuana-refined)

**Hearst Media's** 19 Connecticut newspapers:

*“Opinion: Medical marijuana in Connecticut has problems; Legalizing adult recreational use can fix them,”* published online February 5, 2021; print editions published February 7, 2021 in all 6 (later grown to 19) of Hearst's CT newspapers

- ***The Connecticut Post***, Bridgeport (CT's 1st largest city):  
[www.ctpost.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php](http://www.ctpost.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php)
- ***New Haven Register*** (CT's 2nd largest city):  
[www.nhregister.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php](http://www.nhregister.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php)
- ***Stamford Advocate*** (CT's 4th largest city):  
[www.stamfordadvocate.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php](http://www.stamfordadvocate.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php)
- ***Norwalk Hour***:  
[www.thehour.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php](http://www.thehour.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php)
- ***News Times, Danbury***:  
[www.newstimes.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php](http://www.newstimes.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php)
- ***Greenwich Time***:  
[www.greenwichtime.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php](http://www.greenwichtime.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php)

*“Opinion: It's High Time to Grow Your Own Cannabis,”* published November 12, 2021, online in all 19 of Hearst's Connecticut newspapers; published print edition in 6 of these:

- ***The Connecticut Post***:  
[www.ctpost.com/opinion/article/Opinion-It-s-high-time-to-grow-your-own-16612838.php](http://www.ctpost.com/opinion/article/Opinion-It-s-high-time-to-grow-your-own-16612838.php)
- ***New Haven Register***:  
[www.nhregister.com/opinion/article/Opinion-It-s-high-time-to-grow-your-own-16612838.php](http://www.nhregister.com/opinion/article/Opinion-It-s-high-time-to-grow-your-own-16612838.php)
- *Middletown Press*
- *Ridgefield Press*
- (Torrington) *Register Citizen*
- *Trumbull Times*
- *Stamford Advocate*
- (Danbury) *NewsTimes*
- *Greenwich Time*
- *Norwalk Hour*

- *Wilton Bulletin*
- *New Milford Spectrum*
- *Fairfield Citizen*
- *Darien Times*
- *New Canaan Advertiser*
- *Westport News*
- *Shelton Herald*
- *Trumbull Times*
- *Milford Mirror*

## Magazine Article & Newspaper Editorial Writer – continued

**CT Mirror** – daily independent online newspaper

- February 22, 2021, updated and expanded version of my *Hearst Media* editorial, “*Medical marijuana in Connecticut has problems*” <https://ctmirror.org/category/ct-viewpoints/medical-marijuana-in-connecticut-has-problems-legalizing-adult-recreational-use-can-fix-them/>
- November 15, 2021, expanded version of my *Hearst Media* editorial, “*It’s High Time to Grow Your Own Cannabis*,” includes 3 of my photos, <https://ctmirror.org/category/ct-viewpoints/its-high-time-to-grow-your-own-cannabis/>

**The Day** of New London – daily newspaper for Southeastern Connecticut

“*Lives Won’t Go Up in Smoke if Marijuana Used Medicinally*” – May 31, 2007

© [www.theday.com/article/20070531/DAYARC/305319895](http://www.theday.com/article/20070531/DAYARC/305319895)

© web reprint: [www.mapinc.org/drugnews/v07/n672/a11.html](http://www.mapinc.org/drugnews/v07/n672/a11.html)

## Videos and articles documenting my advocacy for Medical Marijuana

Video playlist at: [www.youtube.com/playlist?list=LLXuTm2s2pleM5D28g3gou\\_Q](http://www.youtube.com/playlist?list=LLXuTm2s2pleM5D28g3gou_Q)

- 14-minute compilation from 1997 to 2006 of my early advocacy on network TV news: <https://youtu.be/cji9DMe7t0o>
- My 4-minute 2011 Judiciary Committee testimony: <https://youtu.be/ELmKbYSBM38>
- *Wall Street Journal* 3-minute video for 2014 article: <https://youtu.be/2Zp1DoxodW0>
- My 56-minute 2017 talk to a MMJ support group: <https://youtu.be/K56taXgOIRE>

Three news articles solely about me as an example of a licensed patient:

- **Wall Street Journal** – November 14, 2014 article: [www.WSJ.com/articles/reviews-are-mixed-on-connecticuts-medical-pot-program-1415932220](http://www.WSJ.com/articles/reviews-are-mixed-on-connecticuts-medical-pot-program-1415932220)
- **New Mobility** – April 2010 cover story about MMJ (that is I on the cover): <https://newmobility.com/rx-for-pot/>
- **Connecticut Magazine** – April 2019 cover story about cannabis in CT: [www.connecticutmag.com/health-and-science/an-accident-turned-a-recreational-user-into-a-medical-marijuana/article\\_1d4c488c-49bf-11e9-aa10-6bbec68d20b9.html](http://www.connecticutmag.com/health-and-science/an-accident-turned-a-recreational-user-into-a-medical-marijuana/article_1d4c488c-49bf-11e9-aa10-6bbec68d20b9.html)